

Physical Education Uniform

Please find below the kit that will be required for students to take part in their core Physical Education lessons safely. Please note that those items highlighted with a tick are essential for all students.

ltem	Boys	Girls
Navy blue Polo Shirt with Academy Logo	✓	✓
Navy blue shorts with purple stripe and Academy Logo	✓	✓
White sports socks	✓	✓
Training shoes	✓	✓
Swimming costume/trunks/shorts	✓	✓
Swimming hat	Optional	Optional
Swimming goggles	✓	√
Reversible Navy and Purple Rugby shirt	√	Optional
Navy Football socks	√	√
Studded Football/Rugby boots	✓	✓
Navy and Purple LSST hoody with Academy Logo	Optional	√
Plain navy pro running leggings/tracksuit bottoms with Academy	Optional	Optional
Logo. Leggings with no logo are not acceptable.		
Shinpads	×	×
White polo shirt with Academy logo for Sport Studies and GCSE PE students in Year 9, 10 and 11.	Optional	Optional

General comments for all

- Students with long hair will be required to tie it back so that no part of it will affect their ability to participate safely (including fringes that enter the eye line).
- All items of jewellery will need to be removed for practical activities. Please be aware of this when having ears pierced.
- All items of kit must be clearly labelled.
- · Gum shields are highly recommended for rugby.